

PURSUING CHRIST TOGETHER

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Pursuing Christ Together:

Series 1 - Through Personal Transformation

Series 2 - In Mutual Participation

Series 3 - With Global Participation

PURSUING CHRIST TOGETHER

From Fear to Peace

MATTHEW 6:25-34

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From Fear to Peace

- Type-1 Anxiety is defined as a God-given emotional response for our benefit.
- Type-2 Anxiety is defined as a disordered physiological response.
- Type-3 Anxiety is defined as a natural consequence of sin.
- Type-4 Anxiety is when anxiety is a sinful response to God's providential care.

From Fear to Peace

²⁵“Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? ²⁶Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?”

From Fear to Peace

²⁷And which of you by being anxious can add a single hour to his span of life?

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²⁸And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, ²⁹yet I tell you, even Solomon in all his glory was not arrayed like one of these. ³⁰But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?

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³¹Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³²For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. ³³But seek first the kingdom of God and his righteousness, and all these things will be added to you.

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³⁴ “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

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Philippians 4:4-7: Rejoice in the Lord always; again I will say, rejoice. ⁵Let your reasonableness be known to everyone. The Lord is at hand; ⁶do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

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Applications:

Consciously devote yourself to God through

- Prayer - In faith, with Joy, trusting in your Heavenly Father.
- Silence and Solitude – Setting your heart's allegiance on deeply desiring Him and His righteousness.



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